Theme: Stepping out with Jesus - Taking a risk by moving those feet!!

Instructions for Activity (Next Page)

This is a fun group activity. Get people into groups of 4-8 with mixture of ages. They all get question one to start. They find out the answer and then send a 'runner' up to the markers (2-3). They check it and then give the group the next one. (Alternatively each group can be given the whole pack to start...) but can only go onto the next when the previous one has been marked correct!

Each question to answer mat take 2-3 mins... put a cut off time limit on it... adjust number of questions as you need to

Write the number of the group on each sheet for easy identification

Cut out questions above, stack in order with this one on the bottom from 1-10... staple to keep in order.

Work out the rules i.e. good for young kids to bring up answers or all to take a turn bringing/writing

Readings and Thoughts

I never really look for anything. What God throws my way comes. I wake up in the morning and whichever way God turns my feet, I go. Pearl Bailey (1918-1990) US singer, actress

If you want to leave footprints in the sands of time, don't drag your feet. Arnot Sheppard

"The most eloquent prayer is the prayer through hands that heal and bless. The highest form of worship is the worship of unselfish Christian service. The greatest form of praise is the sound of consecrated feet seeking out the lost and helpless."

William Franklin "Billy" Graham (b. 1918) American religious leader, conducted evangelical tours throughout the world

"If toast always lands butter-side down, and cats always land on their feet, what happens if you strap toast on the back of a cat and drop it?"

Steven Wright Comedian

Psalm 26 11-12 But I lead a blameless life; redeem me and be merciful to me. My feet stand on level ground; in the great assembly I will praise the LORD.

Revelation 1: 14-18 His head and hair were white like wool, as white as snow, and his eyes were like blazing fire. His feet were like bronze glowing in a furnace, and his voice was like the sound of rushing waters. In his right hand he held seven stars, and out of his mouth came a sharp double-edged sword. His face was like the sun shining in all its brilliance. When I saw him, I fell at his feet as though dead. Then he placed his right hand on me and said: "Do not be afraid. I am the First and the Last. I am the Living One; I was dead, and behold I am alive for ever and ever! And I hold the keys of death and Hades.

Feet on the Internet

http://ericir.syr.edu/Projects/CHCP/foot.html

Bound feet in China lesson

Other Resources

Doctor Seus - "The Foot Book"

Other Ideas

* Take copies of children's feet and have them photocopied or done by hand. Place these on the floor leading

- * Place verses around the wall or inspiring statements
- * Sermon on Stepping out

Cut these off before handing out 1 Question Master Answers Answer Which verse tells us how the bible is useful for our feet? Psalm 18:32-Psalm 119:104-106 34 OR Psalm 119:104-106 OR Psalm 40:1-3 2 Use these numbers to answer the following questions about parts of the foot - 5, 20, 26, 33, 112 Question Answer How many of the body's 206 bones are located in each foot? 26 How many joints hold these bones together? 33 How many muscles are used to move the bones of each foot? 20 How many ligaments join these bones? 112 (This one's easy...) How many nails protect the toes of each foot? 5 3 Question **Master Answers** Answer good news, who proclaim peace, who bring Isaiah 52:6-8 Name two things these feet bring! good tidings, who proclaim salvation, who say to Zion, "Your God reigns!" **4** Use one of these numbers to answer the following question about the foot - 1000, 20 000, 250 000, 500,000, 750, 000 Master Answers Question Answer How many sweat glands in each pair of feet? 250 000 5 Question Master Answers Answer What 'feet" verse shows a person we have met today and how he wanted to get as much as he could out of life. It must be **READ** to the Luke 13: 8-10 group! John 13:8-10 OR Luke 24:38-40 OR Luke 7:45-47

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6 Question	Answer	Master	Answers
What part of the foot is found in some buildings? Child who brings i up must be able to show us and example here!	it	á	arch
7 Question	Answer	Master	Answers
What foot saying means that you decide not to do what you were going to do?		co	d feet
8 Question Everyone is important.1 Corinthians 12:20-22. Finish this "and the head cannot say to"	Answer		⁻ Answers on't need you
9 Question	Answer	Master	Answers
What foot saying means that you hurt yourself with a weapon?		Shoot your	self in the foo
	•		
0 Question	Answer	Master	Answers
One of these feet verses shows someone responding to Jesus			he was healed